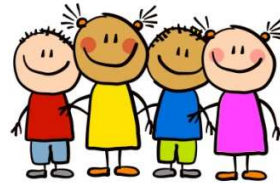




University of Madras  
Department of Counselling Psychology  
conducting

# Summer Workshop – Personality Development



From 6<sup>th</sup> May to 24<sup>th</sup> May, 2019

at

Department of Counselling Psychology  
University of Madras, Chepauk.

Dr.S.Thenmozhi M.A., Ph.D.,

Program Convener

## About the Summer Workshop

The Summer Workshop on Personality Development will help the teens with Self Understanding, Self confidence, Study skills and Memory Training, Leadership qualities Motivational skills, Social skills and to deal with their career confusions.

The workshop will also be a platform for the teens to explore a creative and fun-filled approach to learning about self. The participants will be engaged in interactions both in conventional and nonconventional medias like group activities, visual arts, dramatic acts, movements and musical experience towards a renewed understanding of SELF

Age criteria : 7 to 15 years old

Timing : 10 am - 3.30 pm

Venue : Dept of Counselling Psychology, University of Madras, Chepuak, Chennai - 600 005.

Registration Fees - Rs. 1500/-

Contact for Registration -Ms. Indira Sowjanya &

Ms. Tharanya

Research Scholar

Research Scholar

email: psyconide@gmail.com

Contact number – 044 253999879 / 044 25399878 /8438391301

**DEPARTMENT OF COUNSELING PSYCHOLOGY**

**UNIVERSITY OF MADRAS**

*Personality Development Summer Camp*

**Registration Form**

Name of Child:

Gender:

Date of Birth & Age:

Class :

School:

Name of Mother / Father :

Contact details of Parent

Email Address:

Telephone number:

Signature of Parent

Please send us your filled in Registration forms to [psyconide@gmail.com](mailto:psyconide@gmail.com)

Contact number – Contact number – 044 253999879 / 044 25399878 /8438391301

## SCHEDULE FOR SUMMER WORKSHOP - PERSONALITY DEVELOPMENT

Day	Date	10:00-10:15 a.m	10:15 a.m-1:00 p.m	1:00-2:00 p.m	2:00-3:35 p.m
1	6/5/2019	Prayer	<b>Ice Breaking Session</b> <b><u>A.Series on developing Values</u></b> 1) Self Esteem & Self Confidence	Lunch Break	Fun with Mindful Art
2	7/5/2019	Prayer	2) Respect and Honesty	Lunch Break	Fun with Mindful Art
3	8/5/2019	Prayer	3) Moral Values with story telling	Lunch Break	Fun with Mindful Art
4	9/5/2019	Prayer	4) Empathy	Lunch Break	Fun with Mindful Art
5	10/5/2019	Prayer	<b>Robotics</b>	Lunch Break	Fun with Mindful Art
6	13/5/2019	Prayer	<b><u>B.Series on developing Effective Communication Skills</u></b> 1) Speaking Eloquently	Lunch Break	Fun with Mindful Art
7	14/5/2019	Prayer	2) Effective Listening	Lunch Break	Fun with Mindful Art
8	15/5/2019	Prayer	<b><u>C. Series on Developing the Leader in you</u></b> 1) Time Management	Lunch Break	Fun with Mindful Art
9	16/5/2019	Prayer	2) Effective Communication	Lunch Break	Fun with Mindful Art
10	17/5/2019	Prayer	3) Emotional Intelligence	Lunch Break	Fun with Mindful Art
11	20/5/2019	Prayer	<b><u>D. Series on developing Social Skills</u></b> 1) Creative problem Solving	Lunch Break	Fun with Mindful Art
12	21/5/2019	Prayer	2) Etiquette 3) Health and Hygiene	Lunch Break	Fun with Mindful Art
13	22/5/2019	Prayer	4) Assertiveness	Lunch Break	Fun with Mindful Art
14	23/5/2019	Prayer	5) Interpersonal relationships	Lunch Break	Fun with Mindful Art
15	24/5/2019	Prayer	<b>YOUR UNIQUE TALENT DAY</b>	Lunch Break	Valedictory