



Department of Counselling Psychology
University of Madras
In collaboration with
Pause for Perspective

Cordially invites you to
First International Couples Therapy Workshop in India

“IMAGO RELATIONSHIP THERAPY”

A culturally sensitive professional training in working with couples by
International Experts

Brenda Rawlings

BSW(Hons) DipCouns MNZAC, New Zealand

&

Peter McMillan

BA MGuidCounsDipTchg MNZAC, New Zealand

Program Convener

Dr.S.Thenmozhi

Professor and Head,

Department of Counselling Psychology

University of Madras

Venue : Conference Hall, Department of Counselling Psychology, University of Madras, Chepauk, Chennai.

Date: 30th and 31st August, 2019



About the two-day training program

The training will improve your effectiveness in working with couples. Imago Relationship Therapy (IRT) is a coherent, comprehensive and dynamic theory and practice, offering an effective, research-based method *and a pathway* for working with couples. Learn how to offer couples systematic, structured support to transform painful dynamics, create safety and connection, and increase passion, whilst guiding them toward greater understanding of their attachment and other developmental needs.

What you will learn:

- Gain an insight of the theory and practice of Imago Relationship Therapy, including demonstration and practice of Imago Dialogue.
- Learn clear steps for relationship repair.
- Coach attuned, connectional experiences for couples
- Enable couples to understand their journey from romantic love through to disconnection, frustration and conflict, and to restore connection, passion and hope.
- Gain in-depth understanding of relationship dynamics from both an attachment and developmental perspective.
- Incorporate developments in clinical research and neuroscience into your work with couples
- Learn how to hold couples safely in processes that offer them the opportunity and capacity to make sense of their negative interactional cycles.

Who can attend: Clinical Psychologists, Counselors, Counseling Psychologists, Masters students in Psychology and other Mental Health Professionals who work with or are interested in specializing in couples work.

To become an International Certified Imago Therapist:

There is an option, following this two-day Training to participate in further training to become a Certified Imago Therapist. This two-day program fulfils the first step in the requirement of becoming a Certified Imago Therapist. More information on the certification pathway in India will be shared during the workshop. For information on certification pathways after this two-day program internationally please visit:

<http://www.relationships.co.nz/training-programmes-in-new-zealand/>

About the Speakers

Brenda Rawlings BSW(Hons) DipCouns MNZAC

Brenda trained originally as a Social Worker through Massey University in Palmerston North.

After several years working in the Department of Social Welfare, she took time to travel overseas for several years before moving to Warkworth as a Community Health Social Worker.

This particularly suited her interest in community development, in that she was involved in initiating and developing a number of social service agencies, including a Women's Resource Centre, Family/Whanau Support Services and Stopping Violence Services, all of which continue to flourish after close to 20 years.

In 1989 Brenda retrained in Counselling, beginning in private practice in 1991. She has specialised in relationship counselling since 1998. She is a leader, both in New Zealand and internationally in the field of relationships. She is a past Dean of the Imago International Institute and in 2013 was the recipient of the Harville Hendrix Award for Clinical Excellence. She is a member of New Zealand Association of Counsellors and is approved by WINZ, ACC (for work with trauma), CYFS and the Family Court.

Brenda has extensive experience in working with abuse and domestic violence. She has been Women's Programmes Coordinator and Counselling Coordinator of Rodney Stopping Violence Services. Brenda is known as a gifted therapist: wise, compassionate, intuitive and able to penetrate to the heart of an issue. Her gentle warmth and her ability to value and encourage each person, creates a place of safety where people feel empowered. Brenda has written a number of articles to help couples in their relationships. To know more go to:

<http://www.relationships.co.nz/>

Peter McMillan BA MGuidCounsDipTchg MNZAC

After ten years as a Secondary School Teacher, Peter studied for a Masters Degree in Counselling at Massey University. After four years of School Counselling, he went into Private Practice as a Counsellor in Warkworth. Peter has been a Member of the New Zealand Association of Counsellors since 1989 and has specialised in relationships since 1996.

Peter has extensive experience in working with domestic violence, having facilitated men's programmes for seven years. He has a particular interest in working with men and is currently on the council of the Essentially Men Educational Trust.

Peter is known as a dynamic and passionate presenter and an excellent teacher with a keen intellect and a warm, compassionate manner. Peter and Brenda have been counselling individuals and couples, and facilitating groups since 1989. They now specialise in relationship work, and are Certified Imago Relationship Therapists and Workshop Presenters. They were the first Imago Therapists outside of the USA and Canada to be accepted onto the Faculty of the Imago International Institute, and have been instrumental in establishing Imago therapy in NZ. Each year they meet in the USA with Harville Hendrix and other faculty members from around the world, for supervision and to participate in the ongoing development of Imago Relationship Therapy. They currently present Couples Workshops and Imago Training in NZ and Australia.

To know more go to: <http://www.relationships.co.nz/>

Aarathi Selvan MPhil CIPsy (India), NCC(USA), CIPsy(NZ)

Aarathi Selvan is a Clinical Psychologist in India and New Zealand and a National Certified Counselor in the US. She is the founder of Pause for Perspective, Hyderabad- A mental health organization working with individuals, families, couples and children through modalities of Mindfulness, Developmental Model of Couples Therapy, Imago Relational Therapy, Narrative Therapy and more. She is currently supervised by Brenda with Imago Relational Therapy and is incorporating the modality in the cultural context of India. To know more go to:

<http://www.pauseforperspective.com>

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“IMAGO RELATIONSHIP THERAPY”

Program Details

Day 1

9:30am-10:00am:	Program Inauguration
10:00am-11:30pm	Introduction to Imago Relational Therapy
11:30am-11:45am:	Tea Break
11:45am-1:00pm:	Imago Relational Therapy
1:00pm-2:00pm:	Lunch
2:00pm-3:15pm:	Role plays and practice of Imago Dialogue
3:00pm-3:15pm:	Tea Break
3:15pm-6:00pm:	Role plays and practice of Imago Dialogue

Day 2

10:00am-11:30am:	Imago Relational Therapy
11:30am-11:45:	Tea Break
11:45-1:00pm	Imago Relational Therapy
1:00pm-2:00pm:	Lunch
2:00pm-3:15pm:	Role plays and practice of Imago Dialogue
3:00pm-3:15pm:	Tea Break
3:15pm-5:00pm:	Role plays and Skill Training in Couples therapy
5:00pm-6:00pm:	Valedictory and Distribution of Certificates

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Registration Details

FEES: Rs.5000/-

Step 1 : Submit the registration form attached here to pause.perspective@gmail.com

Step 2: Make payment via googlepay or Paytm on 9490708947 or make Bank Transfer

Details for Bank transfer

Bank name: Karnataka Bank

Branch: UmanagarHyderabad

IFSC code: KARB0000333

Account number: 3332000100049201

Account name: Pause for Perspective

Account type: current account

Step 3: Upon making the transfer please send a screenshot to pause.perspective@gmail.com

Step 4: Wait for confirmation receipt of both the registration form and payment.

Limited seats available. Last day of payment is 31st July 2019

For More details call: 9121589588 or 9490708947 or 044-25399879

Email: pauseforperspective@gmail.com / sthenmozhi@yahoo.com

Website: www.pauseforperspective.com

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REGISTRATION FORM

Name:

Designation:

Institute:

Contact Number:

Email address:

Registration Fee Rs. 5000/ person.

Mode of Payment (tick one) : Paytm / Googlepay / Bank Transfer

Details for Bank transfer

Bank name: Karnataka Bank

Branch: UmanagarHyderabad

IFSC code: KARB0000333

Account number: 3332000100049201

Account name: Pause for Perspective

Account type: current account

Transaction Reference:

Transaction date:

Signature